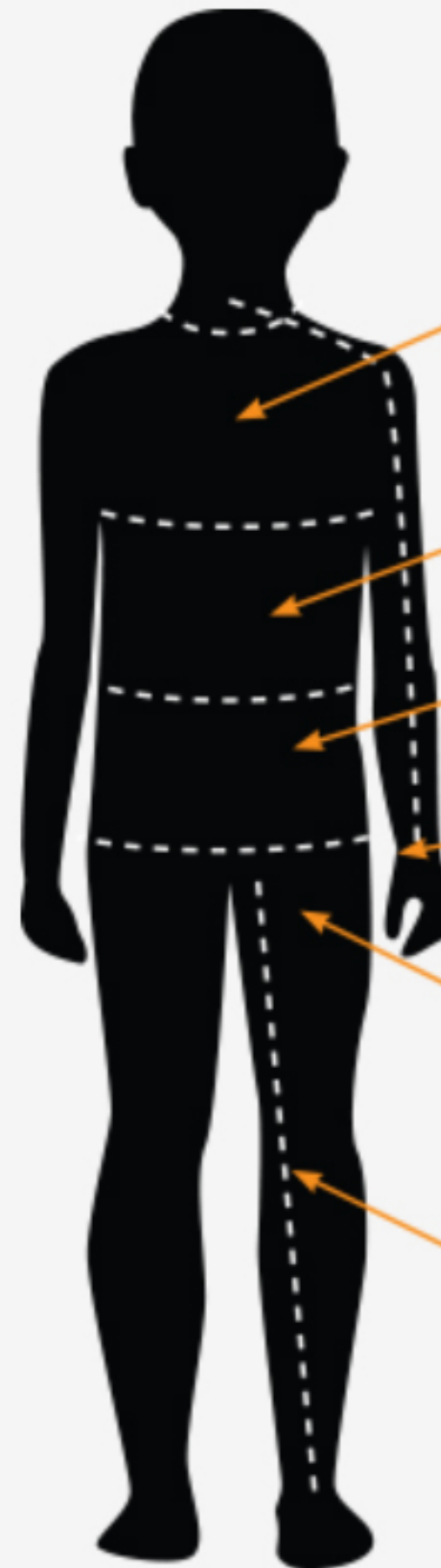


ALPHA FIT GUIDE

SIZE	CHEST (CM)	WAIST (CM)	SLEEVE (CM)	HEIGHT (CM)	WEIGHT (KG)
2T	52	49.5	38-39	76 - 84	15 - 16
3T	53	50.8	43-46	84 - 91	16 - 18
4T	56	53	46-48	91 - 102	18 - 19
YXXS (4/5)	58-61	55-57	48-51	99 - 114	15 - 22
YXS (6/7)	64-66	60-62	55- 58	114 - 130	21 - 28
YS (8)	69	63.5	62	130 - 137	28 - 33
YM (10/12)	71-74	66-69	66-70	137 - 145	33 - 38
YL (14/16)	76-81	69-74	70-74	145 - 152	39 - 44
YXL (18)	86-89	79-81	70-77	152 - 170	45 - 59

HOW TO MEASURE:



NECK

Measure around base of neckline, keeping one finger between your neck and the measuring tape.

CHEST

Measure around body with tape leveled on the fullest part of your chest.

WAIST

Measure around your waist with the tape leveled at the narrowest point of your torso.

SLEEVE LENGTH

With arm relaxed at your side, measure from center back neck, to point of shoulder, and along the arm to the wrist (just below round bone).

HIP

Stand with heels 2–3" apart. Keep the tape leveled and measure around the fullest part of your hips.

INSEAM

Measure pants that fit you well, and feel comfortable. Lay pants flat on table, and smooth the front and back crease. Measure along the inseam from crotch to bottom of edge of hem.