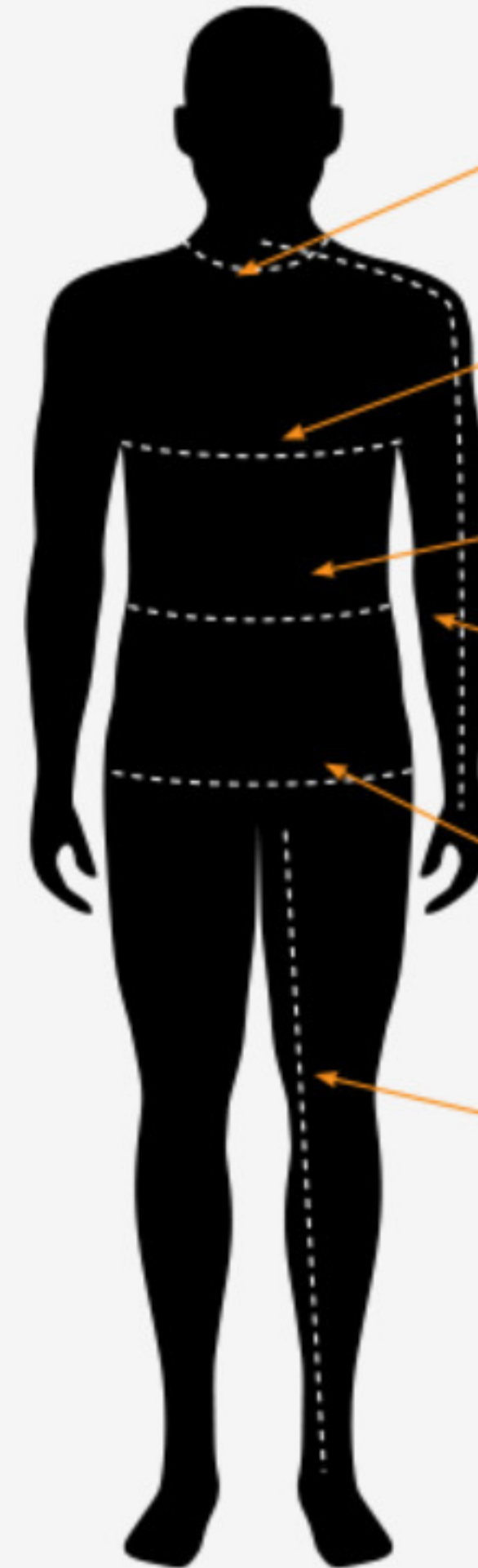


ALPHA FIT GUIDE

SIZE	HEIGHT (CM)	WEIGHT (KG)	NECK (CM)	CHEST (CM)	WAIST (CM)	HIP (CM)	SLEEVE (CM)	INSEAM (CM)
XS	168-183	59-66	36-37	91-97	76-81	91-97	79-81	80
S	168-183	66-73	36-37	97-102	81-86	97-102	81-84	80
M	168-183	73-79	38-39	102-107	86-91	102-107	84-86	81
L	168-183	79-86	41-42	107-112	91-97	107-112	86-89	81
XL	168-183	86-98	43-44	114-119	99-104	114-119	89-91	83
2XL	168-183	98-104	46-47	122-127	107-112	122-127	91-94	83
3XL	168-183	104-111	48-50	130-135	114-119	130-135	94-97	84

HOW TO MEASURE:



NECK

Measure around base of neckline, keeping one finger between your neck and the measuring tape.

CHEST

Measure around body with tape leveled on the fullest part of your chest.

WAIST

Measure around your waist with the tape leveled at the narrowest point of your torso.

SLEEVE LENGTH

With arm relaxed at your side, measure from center back neck, to point of shoulder, and along the arm to the wrist (just below round bone).

HIP

Stand with heels 2–3" apart. Keep the tape leveled and measure around the fullest part of your hips.

INSEAM

Measure pants that fit you well, and feel comfortable. Lay pants flat on table, and smooth the front and back crease. Measure along the inseam from crotch to bottom of edge of hem.